

Athletic Trainer

DEFINITION

The Athletic Trainer oversees the medical and safety concerns of all student athletes participating in the high school's interscholastic athletic program. The Athletic Trainer will assist in the development and implementation of programs for the prevention of injuries to student athletes; administer first aid and emergency medical care; and diagnose, treat and monitor the hard and soft tissue injuries that commonly occur during athletic competition to ensure that the student's health and well-being is not jeopardized.

SUPERVISION RECEIVED AND EXERCISED

Receives direction from the School Principal or designee. The Athletic Director may be asked to assist in providing direction but exercises no supervision.

REPRESENTATIVE DUTIES— *(Incumbents may perform any combination of the essential functions shown below (E) This position description is not intended to be an exhaustive list of all duties, knowledge, or abilities associated with this classification, but, is intended to accurately reflect the principal job elements.)*

- Maintain the athletic training room hours after school Monday through Friday, weekends and or nights as needed. Specific hours will be determined by the site principal or designee (E).
- Manage, inventory and request supplies as needed for the athletic training room (E).
- Maintain training equipment in the athletic training room (E).
- Coordinate schedule for athletic trainer coverage at practice/events with the Athletic Director (E).
- Available during team practices and home games scheduled during normal hours of operation.
- Provide athletic training services at all home JV and Varsity football games and for other JV Varsity home games as determined by the site principal or designee (E).
- Advise coaches, athletes and parents on the care and prevention of athletic injuries (E).
- Provide evaluation and initial treatment of hard and soft tissue injuries, including sprains, strains, fractures, dislocations and concussions (E).
- Provide ongoing treatment and oversee rehabilitation of injuries (E).
- Submit an incident report for serious injuries; maintain records of treatment plans; and communicate with parents/guardians, coaches, Athletic Director, and school nurse, as necessary (E).
- Assist Athletic Director with organizing and facilitating preseason athletic physicals and baseline concussion testing. (E).
- Monitor safety-related factors and report concerns with athletic facilities and safety equipment to the Athletic Director. (E).

QUALIFICATIONS

Knowledge of:

- Methods, practices, terminology and techniques used in athletic training activities, including the prevention of injuries.
- Policies, procedures and objectives of physical education and athletic programs.
- Advanced principles of anatomy, physiology, kinesiology, nutrition and first aid.
- Signs, symptoms and treatment of athletic injuries.
- Various types of therapeutic treatment, equipment and conditioning programs.
- SUSD Athletic Handbook and CIF bylaws, including those that address steroid use, sudden cardiac arrest, concussion and return to play protocols.
- Rules and regulations applying to safe equipment operation and medical care.
- Oral and written communication skills, as well as recordkeeping techniques.
- Interpersonal skills, including the use of tact, patience and courtesy.

Ability to:

- Develop and implement a program for the prevention of injuries to athletes.
- Administer advanced first aid and therapeutic techniques to athletes.
- Treat injuries and provide reconditioning according to authorized medical directions.
- Understand and carry out technical and other directions issued by physicians.
- Operate a variety of therapeutic equipment and machines.
- Read, interpret, apply and explain rules, regulations, policies and procedures.
- Analyze situations accurately and adopt an effective course of action.
- Meet proposed schedules and timelines.
- Maintain current and accurate records.
- Understand and carry out oral and written instructions.
- Establish and maintain effective relationships with those contacted in the course of work.
- Understand and work within the scope of authority.
- Work occasional weeknights and weekend contests.

Education and Experience:

- Bachelor's degree, from an accredited college or university, in athletic training, health, physical education, exercise science, kinesiology, prevention and care of athletic injuries or a related field.
- Master degree in Athletic Training preferred

License or Certificate:

- Certification as an Athletic Trainer from the National Athletic Trainers Association Board of Certification (NATABOC)
- California Interscholastic Federation (CIF) Coaching Certification
- Completion of a General Coaching Education Course
- First Aid/CPR/AED Certification
- Completion of a Sports Specific Concussion Course
- Completion of training in the Signs and Symptoms of Sudden Cardiac Arrest (SCA).
- Possession of a valid California driver's license

WORKING CONDITIONS:

Physical Demands:

Employees in this position must have/be able to:

- Positions in this category require ability associated with prolonged periods of heavy physical labor.
- Position regularly performs heavy physical labor requiring the ability to lift, carry, push, pull and move heavy objects or materials.
- Great physical demand for strength and endurance.
- Requires heavy physical effort such as lifting more than 50 pounds on a continuous basis.
- Physical functions such as sitting, standing, lifting, reaching, climbing stairs, squatting, kneeling and moving equipment/light furniture may be required.
- Ability to carry objects weighing more than 25 pounds.

Salary Placement:

Non-Represented Position

Stipend per each season as defined by CIF rules (fall, winter, spring)

Personnel Sub: 12/05/17

Board Approval: 12/12/17